

GLOBAL NEUROSCIENCES INSTITUTE SUPPORT GROUPS

Stroke Survivor and Caregiver Support Group

Led by Global Neurosciences Institute (GNI) physicians, the goal of our program is to provide emotional and social support for patients and caregivers who have experienced stroke in their lives, allowing survivors and families to help themselves and each other by sharing experiences, advice, and support. The open, non-judgmental, nature of our Support Group is one of the best ways to feel that you're not alone.

VIRTUAL STROKE SUPPORT GROUP MEETINGS 2025

The last Wednesday of each month from 3:00 - 4:00 p.m.

JANUARY 29, 2025

Survivor Stories: Open Forum

Mandy Binning, MD & Linda Wetmore

FEBRUARY 26, 2025

Exercise & Activity: Risk Factor Reduction

Mandy Binning, MD & Helene Von Rosenstiel

MARCH 26, 2025

Brain Healthy Diet

Mandy Binning, MD and Michelle Brown MS, RDN, LDN, CDCES
(Clinical Nutrition Coordinator, Mercy Fitzgerald | Nazareth Hospital)

APRIL 30, 2025

Memory & Depression / Stress

Kate Lester, PsyD

MAY 28, 2025

Signs & Symptoms of Stroke

Rudy Rahme, MD, FAANS

JUNE 25, 2025

Aphasia

Mandy Binning, MD and Robyn Suggs MS, CCC-SLP
(Senior Speech Language Pathologist, Nazareth Hospital)

- SUMMER BREAK -

SEPTEMBER 24, 2025

Home Safety & Fall Prevention

Mandy Binning, MD & Matthew Seigenfuse, PT, DPT, MS
(Cert. Brain Injury Specialist, St. Mary Medical Center)

OCTOBER 29, 2025

Emergency Preparedness

Karen Greenberg, DO

NOVEMBER 26, 2025

Staying Safe & Healthy Through the Holidays

Mandy Binning, MD

Registration is required.

Scan to Register

To register by phone or any questions, please contact Marie Marvel at mmarvel@gnineuro.org.



GLOBAL NEUROSCIENCES INSTITUTE
— F O U N D A T I O N —
AWARENESS | ALLIANCES | ADVANCEMENT



844-464-6387 | gnineuro.org

Bristol, PA | Broomall, PA | Darby, PA | Drexel Hill, PA | Glen Mills, PA | Hamilton, NJ | Langhorne, PA | Mt. Laurel, NJ | Meadowbrook, PA | Norristown, PA
Pennington, NJ | Philadelphia, PA | Ridley Park, PA | Scranton, PA | Springfield, PA | Upland, PA | West Chester, PA | Wilmington, DE