

ABOUT US

Saint Mary's is a 347-bed Catholic, not-for-profit acute care community teaching hospital serving Greater Waterbury. It is a Level II Trauma Center and the region's only pediatric emergency department. Its network includes comprehensive inpatient, outpatient, and specialty care services. It extends across Greater Waterbury, with care locations in Wolcott, Cheshire, Naugatuck, Southbury, Prospect, and Watertown. The hospital is supported by a dedicated team of 1,367 colleagues.

2025 COMMUNITY HEALTH NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGY PRIORITIES

A Community Health Needs Assessment (CHNA) identifies community assets, needs, and the current state of health and social well-being of a community. The process requires input from those who live in the community on both identifying and prioritizing the needs that will be addressed in the three-year Implementation Strategy.

Saint Mary's Hospital along with our Implementation Strategy Committee, found these needs to be the most significant in the 2025 CHNA:

- Access to care
- Transportation
- Housing and homelessness

COMMUNITY COLLABORATIONS & COALITIONS

Through our Community Health Needs Assessment (CHNA), we work with residents, organizations, and leaders to identify and prioritize health needs. This informs our Implementation Strategy, guiding equitable resource allocation and building coalitions to drive lasting change.

Partners include Transforming Communities Initiative, Bridge to Success, RIBA Aspira, DataHaven, Grace Baptist Church, NEST and The City Of Waterbury.

CULTURALLY COMPETENT CARE & CARE COORDINATION

Saint Mary's is committed to delivering care that respects and reflects the cultural backgrounds of our patients. This includes training providers and Community Health Workers (CHWs) to better understand and respond to diverse needs.

CHWs are trusted members of the community and play a vital role on our care teams. They work closely with patients to assess their social needs and other risk factors, helping connect individuals and families to local services and resources. At Saint Mary's, they currently employ two CHWs who have supported hundreds of patients each year by addressing their social needs and reducing their barriers to care.



\$310.3M IN REGIONAL COMMUNITY IMPACT: *

THOfNE invested **\$310.3M** in Total Community Impact:

\$219.6M in Community Benefit:

Patient financial assistance:.....	\$16.3M
Patients on financial assistance:.....	22K+
Unpaid cost of Medicaid:.....	\$134.7M
Community Benefit programs:	\$68.6M

\$90.7M in Community Impact:

Unpaid cost of Medicare:	\$63.3M
Workforce development, social impact, local purchasing, capital investments and health and well-being investments:.....	\$27.4M

* Community Benefit data per audited Financial Statements

ACCESS TO CARE AND OUTREACH

Our Medical Home Program for Children & Youth with Special Health Care Needs connects families to essential resources and provides comprehensive care coordination. Over the past year, we served 314 patients, made 605 referrals, and completed 558 follow-ups, ensuring access to behavioral health services, insurance navigation, and school advocacy. The program not only reduces barriers to care but also supports families during critical transitions, helping them navigate complex health systems. By addressing these challenges and fostering collaboration with community partners, we strengthen health equity and improve outcomes for children with complex medical needs.

Community Impact at a Glance

INTEGRATING CLINICAL AND SOCIAL CARE

Each year we ask our patients about their health-related social needs. Questions include things that make it hard to be healthy like problems with work, housing, food, safety, and transportation. This information helps us:

- Understand our patients' needs and their barriers to care
- Connect patients to helpful resources and services specific to their needs

Last year, over 22,000 patients seen in our Saint Mary's locations were screened for social needs. 38% of those screened identified at least one need. Top needs include:

- Food access
- Transportation
- Financial insecurity

RIDE ASSISTANCE: HELPING OUR COMMUNITY ACCESS CARE

Our Ride Assistance program helps patients with no reliable transportation get to medical appointments and pick up prescriptions. Without these rides, many would miss care or medications, increasing the risk of complications and hospital readmissions. This past cycle, Saint Mary's provided over 100 rides and invested over \$2,500 to keep our community connected to care and prevent avoidable health setbacks.

BLACK MEN IN WHITE COATS YOUTH SUMMIT

Saint Mary's Hospital hosted the Connecticut Black Men in White Coats Youth Summit in Waterbury. This nationally recognized program works to increase the number of Black men in medicine through mentorship, exposure, and inspiration. Nearly 200 healthcare professionals came together to guide and encourage students, parents, and educators through interactive sessions and hands-on activities, reaching over 1,100 participants and donating over 2,300 hours of volunteer time. The event reflects our commitment to creating pathways for underrepresented groups and building trust within the communities we serve. In addition, survey feedback from the day showed that more than 90% of students reported feeling more confident pursuing a career in healthcare after attending. The summit's measurable impact reinforces the importance of sustained investment in equity-focused educational pipelines that strengthen the future healthcare workforce.

ORANGE BRACELET PROGRAM

Since launching, the Trinity Health Orange Bracelet Program provides orange bracelets (as visual identifiers) to postpartum patients at discharge, helping care teams recognize and support individuals during a critical recovery period. To date, 279 bracelets have been distributed, reaching 77% of eligible patients. Since implementation, the postpartum 30-day hospital readmission rate has dropped from 3% to 1.6%, indicating improved care coordination and earlier intervention. This initiative is a simple yet powerful step toward better outcomes for new parents in our community.

SUPPORT SAINT MARY'S LOCAL CHWB FUND

Not all communities have equal opportunities to be healthy, or the same needs. That's where Saint Mary's steps in and steps up. We do what is necessary to promote health for everyone.

When you donate to the Community Health & Well-Being Fund, you are directly supporting services to patients experiencing poverty and other vulnerabilities and investments in communities to improve community conditions such as access to healthy, affordable food, housing, and transportation.

To make a donation, visit:

[Giving.SaintFrancisDonor.com/CHWB](https://giving.saintfrancisdonor.com/CHWB)

For more information or inquiries, please contact:

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NEED HELP?

SCAN HERE to find community resources quickly and easily.