

ABOUT US

Mount Sinai Rehabilitation Hospital is Connecticut’s largest provider of acute rehabilitation services, offering specialized care for stroke, injury, and chronic conditions. Located in Hartford’s North End, this 60-bed facility is accredited for excellence in rehabilitation and stroke programs. With a nationally recognized team and advanced technology, Mount Sinai delivers coordinated, patient-centered care. It is also home to the Joyce D. and Andrew J. Mandell Center for Comprehensive Multiple Sclerosis Care, ensuring innovative treatment and research to help patients maintain and improve function.

2025 COMMUNITY HEALTH NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGY PRIORITIES

A Community Health Needs Assessment (CHNA) identifies community assets, needs, and the current state of health and social well-being of a community. The process requires input from those who live in the community on both identifying and prioritizing the needs that will be addressed in the three-year Implementation Strategy.

Mount Sinai Rehabilitation Hospital along with our Implementation Strategy Committee, found these needs to be the most significant in the 2025 CHNA:

- Affordable, stable, and high-quality housing
- Access to care
- Government or institutional responsiveness

COMMUNITY COLLABORATIONS & COALITIONS

Through our Community Health Needs Assessment (CHNA), we work with residents, organizations, and leaders to identify and prioritize health needs. This informs our Implementation Strategy, guiding equitable resource allocation and building coalitions to drive lasting change. Partners include Transforming Communities Initiative Collaborative members led by YWCA Hartford Region, Connecticut Children’s Medical Center, DataHaven, Hartford HealthCare, City of Hartford Health & Human Services, and the United Way of Central and Northeastern Connecticut.

CULTURALLY COMPETENT CARE & CARE COORDINATION

Mount Sinai is committed to delivering care that respects and reflects the cultural backgrounds of our patients. This includes training providers and Community Health Workers (CHWs) to better understand and respond to diverse needs.

CHWs are trusted members of the community and play a vital role on our care teams. They work closely with patients to assess their social needs and other risk factors, helping connect individuals and families to local services and resources. In Hartford, they currently employ seven CHWs who have supported hundreds of patients each year by addressing their social needs and reducing their barriers to care.



\$310.3M IN REGIONAL COMMUNITY IMPACT: *

THOfNE invested **\$310.3M** in Total Community Impact:

\$219.6M in Community Benefit:

Patient financial assistance:.....	\$16.3M
Patients on financial assistance:.....	22K+
Unpaid cost of Medicaid:.....	\$134.7M
Community Benefit programs:	\$68.6M

\$90.7M in Community Impact:

Unpaid cost of Medicare:	\$63.3M
Workforce development, social impact, local purchasing, capital investments and health and well-being investments:.....	\$27.4M

* Community Benefit data per audited Financial Statements

GREATER HARTFORD FAMILY ADVOCACY CENTER: TRANSFORMING LIVES BEYOND THE HOSPITAL

The Greater Hartford Family Advocacy Center (GHFAC) provides trauma-informed, evidence-based services to children and adults impacted by violence and abuse. Our team offers forensic interviews for children and adults, mental health counseling, family and victim advocacy, and prevention education. These services help victims heal, access resources, and promote safety in our community. This year, GHFAC supported over 340 patients and conducted over 840 sessions across programs. This strengthens recovery and resilience for families affected by trauma. Together, we work to prevent abuse and create a safer future.

Community Impact at a Glance

INTEGRATING CLINICAL AND SOCIAL CARE

Each year we ask our patients about their health-related social needs. Questions include things that make it hard to be healthy like problems with work, housing, food, safety, and transportation. This information helps us:

- Understand our patients' needs and their barriers to care
- Connect patients to helpful resources and services specific to their needs

Last year, over 34,500 patients seen in our Hartford locations were screened for social needs. 35% of those screened identified at least one need. Top needs include:

- Food access
- Financial insecurity
- Social isolation

RIDE ASSISTANCE: HELPING OUR COMMUNITY ACCESS CARE

Our Ride Assistance program helps patients with no reliable transportation get to medical appointments and pick up prescriptions. Without these rides, many would miss essential care or medications, increasing the risk of complications and hospital readmissions. This past cycle, Mount Sinai & our Connecticut Market provided over 1,850 rides and invested more than \$44,000 to keep our community connected to care and prevent avoidable health setbacks, reducing barriers and improving health across our region.

EXPANDING ACCESS THROUGH ADAPTIVE SPORTS

The Connecticut Adaptive Rowing Program (CARP) at Mount Sinai, along with our Veterans Initiative, provides individuals with physical disabilities and visual impairments the opportunity to stay active and enjoy the outdoors through rowing, kayaking, and cycling. Over the past year, CARP hosted 24 sessions for veterans, engaging dozens of participants in inclusive recreation and promoting physical and emotional well-being.

Our Adaptive Cycling Clinic introduced 20 riders to adaptive cycling with support from 5 volunteers and dedicated staff. These efforts were made possible through strong partnerships with Cycle Shop, Ti-Trikes, and Summit Adaptive, who all played a key role in the program's success. Together, these programs represent hundreds of hours of collaboration and hands-on facilitation, creating meaningful opportunities for health, independence, and community connection.

STRENGTHENING HARTFORD THROUGH FOOD AND SUPPORT

The Joan C. Dauber Food Pantry is a lifeline for individuals and families in Greater Hartford, providing access to nutritious food and essential resources when they need it most. Through programs like the Emergency Food Assistance Program (TEFAP), we ensure healthy options reach those facing food insecurity. In addition to groceries, we connect residents with support services that promote stability and well-being. Last year, we served over 17,400 households and over 35,000 individuals, reflecting our commitment to fighting hunger and strengthening our community.

SUPPORT MOUNT SINAI'S LOCAL CHWB FUND

Not all communities have equal opportunities to be healthy, or the same needs. That's where Mount Sinai steps in and steps up. We do what is necessary to promote health for everyone.

When you donate to the Community Health & Well-Being Fund, you are directly supporting services to patients experiencing poverty and other vulnerabilities and investments in communities to improve community conditions such as access to healthy, affordable food, housing, and transportation.

To make a donation, visit:

[Giving.SaintFrancisDonor.com/CHWB](https://giving.saintfrancisdonor.com/CHWB)

For more information or inquiries, please contact:

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NEED HELP?

SCAN HERE to find community resources quickly and easily.