



# Breastfeeding Resources in the Community

## **Trinity Health Of New England's Women's Care Concierge**

Comprehensive women's health care services

P: 1-833-NE-WOMEN (1-833-639-6636)

## **ZipMilk**

Listing of breastfeeding services by zip code

[www.zipmilk.org](http://www.zipmilk.org)

## **Hispanic Health Council: Breastfeeding Heritage and Pride**

No charge breastfeeding peer counselling services prenatal-postpartum

P: 860-527-0825

## **La Leche League, CT**

No charge breastfeeding assistance, support and group meetings

P: 860-222-0990

## **WIC**

Breastfeeding support, nutrition education and counselling for qualified participants

P: 860-757-4860

## **Nest Collaborative**

International Board-Certified Lactation Consultants that provide virtual and online breastfeeding support

[www.nestcollaborative.com](http://www.nestcollaborative.com)



**Saint Francis Hospital**  
Trinity Health