Please read and sign the consent forms and complete the patient information forms.

We must receive these completed forms before your Procedure can be performed.

You can mail these forms to the Waterbury address Listed above or they may be faxed to our office at 203-573-1739.

Thank You.
INSTRUCTIONS for COLONOSCOPY PREPOPIK

1. **ON THE DAY BEFORE THE PROCEDURE:** Today, clear liquids only, **NO SOLID FOOD.**
   - A) You must drink at least 8 ounces every hour of clear liquids, ALL DAY LONG, which includes Jello and non-dairy sherbet. (see attached list).
   - B) You can NOT have solid foods.
   - C) At 2 pm you are to begin the first packet of the PREPOPIK. To prepare, follow the next 4 steps. This will induce diarrhea (which is normal) to cleanse the bowel. **Note: Dilute the powder packets as directed prior to use.**

   **STEP 1**
   - Add cool drinking water to the 5-ounce line on the container and mix.

   **STEP 2**
   - Pour ONE packet into the mixing container. Stir 2-3 min.

   **STEP 3**
   - Drink ALL the liquid in the container

   **STEP 4**
   - You must drink 5 more 8-ounce containers of water over the next 5 hours.

   D) At 8 pm repeat the 4 step instructions as above, as instructed in step C.

2. **You are to have nothing to eat or drink after midnight the night before the procedure.**

3. Someone must be available to drive you home following the procedure.

4. Aspirin products, Ibuprofen, Aleve, Naproxen, iron tablets, and blood thinners (i.e. Coumadin, Heparin, Naprosyn must be discontinued one week before the procedure).

5. It is important to let the doctor know if you have any allergies.

6. The following medication should be taken with a sip of water before your procedure:

   ______________________________________________________________________

7. If you are diabetic, you are to take your medication as follows:

   ______________________________________________________________________

8. All other medications should not be taken until after the procedure.

9. On the day of the procedure; you must bring with you a list of all medication(s) that you take on a regular basis so that a copy can be made. **Your procedure is scheduled for _________ at _________ Hospital with Dr.___________**

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**NAUGATUCK VALLEY SURGICAL CENTER:** 160 Robbins ST. Waterbury, CT. 06708
Someone from Naugatuck Valley Surgical Center will call you 2 days before your procedure with your procedure time.

**ST. MARY’S HOSPITAL:** 56 Franklin St. Waterbury, CT. 06706
Report to the second floor, admitting office.
THE HOSPITAL WILL CALL YOU THE DAY BEFORE YOUR PROCEDURE WITH YOU TIME.
CLEAR LIQUID DIET

The day before the procedure, it is important to have approximately 4oz. to 8oz. of fluid from the following list, every hour while you are awake.

Clear liquids include:

- WATER
- ANY LEMON-LIME SODAS (Ginger ale, Sprite, 7-UP, etc.)
- Clear juices (apple, white grape, cranberry, etc.)
- Broth made from bouillon cubes (no noodles)
- Jello (NO RED)
- NoN-Dairy sherbet (lemon Italian ice, etc.)
- Gatorade (NO RED)
- Black Tea or black coffee (you may use sweetener, but no milk or coffee creamer)

You may also drink Ensure, a dietary supplement; however, you must have no more than 2 bottles. **Dr. Lyall prefers his patients not drink Ensure.**

YOU ARE NOT TO HAVE ANY SOLID FOODS.
The following is a list of products containing aspirin, aspirin-like compounds, Ibuprofen, and Naproxen sodium.

**PLEASE DO NOT TAKE THESE PRODUCTS FOR ONE WEEK PRIOR TO YOUR PROCEDURE.**

**Prescription products containing aspirin or aspirin-like compounds:**

- Actron
- Cataflam
- Celebrex
- Darvon Compound 65
- Disalcid Capsules/Tablets
- Dolobid
- Easprin Tablets
- Empirin with Codeine Tablets
- Empirin with Codeine Tablets
- Equagesic Tablets
- Fiorinal with Codeine Capsules/Tablets
- Halfprin
- Lodene
- Lortab ASA Tablets
- Magsal Tablets
- Mono-Gesic Tablets
- Norgesic & Norgesic Forte Tablets
- Orudis
- Percondan and Percodan-Demi Tablets
- Plavix
- Ponstel
- Relafen
- Robaxisal Tablets
- Salflex Tablets
- Soma Compound Tablets
- Synalgos-DC Capsules
- Talwin Compound Tablets
- Toradol
- Trilisate Tablets/Liquid
- Vioxx

**Prescription Products Containing Ibuprofen:**

- Motrin Tablets
- Children’s Advil Suspension
- Children’s Motrin Suspension

**Prescription Products Containing Naproxen/Naproxen Sodium:**

- Anaprox/Anaprox DS Tablets
- Naprelan
- Naprosyn Suspension/Tablets
Nonprescription Products Containing Ibuprofen:

Advil Caplets/Tablets
Advil Cold, Sinus Caplets
Bayer Select Ibuprofen Pain Relief Formula Caplets
Dristan Sinus Caplets
Haltran Tablets
Ibuprofen Caplets/Tablets
Midol IB Tablets
Motrin IB Caplets/Tablets
Nuprin Ibuprofen Caplets/Tablets
Sine-Aid IB

Non-Prescription Products Containing Aspirin and/or Aspirin-like Compounds:

Alka-Seltzer Antacid/Pain Reliever
Effervescent Tablets
Alka-Seltzer Plus Cold Medicine Tablets
Anacin Caplets/Tablets
Anacin Maximum Strength Tablets
Arthritis Pain Formula Tablets
Arthritis Strength Bufferin
Ascriptin Caplets/Tablets
Ascriptin A/D Caplets
Aspergum
Bayer Aspirin Caplets/Tablets
Bayer Children’s Chewable Tablets
Bayer Plus Tablets
Maximum Bayer Caplets/Tablets
8 Hour Bayer Extended Release Tablets
BC Powder
BC Cold Powder
Buffaprin Caplets/Tablets

Bufferin Arthritis Strength Caplets
Bufferin caplets/Tablets
Cama Arthritis Pain Reliever Tablets
Doan’s Pills Caplets
Ecotrin Caplets/Tablets
Empirin Tablets
Tablets Excedrin Extra Strength Caplets/Tablets
Midol Caplets
Mobigesic Analgesic Tablets
Norwich Tablets
P-A-C Analgesic Tablets
Pepto Bismol Liquid/Tablets
Sine-Off Tablets, Aspirin Formula
St. Joseph Adult Chewable Aspirin
Therapy Bayer Caplets
Trigesic
Ursinus Inlay-Tabs
Vanquis Analgesic Caplets

Non-Prescription Products Containing Naproxen Sodium:

Aleve Caplets/Tablets
COLONOSCOPY CONSENT

A Colonoscopy involves the passage of a long flexible digital optic instrument through the anus, into the rectum and into the large intestine (Colon). This allows the physician to visualize the interior of the rectum and the colon. A Colonoscopy is indicated for detection of Polyps (abnormal round, flat or mushroom like growths of tissue from the wall of the intestine), tumors, bleeding areas, colitis (inflammation of the lining of the colon), diverticular disease (out-pouching of the bowel wall), unexplained abdominal pain, strictures (narrowed areas in the colon), or obstruction (blockage), etc. During this procedure, biopsies of the suspicious areas can be taken, bleeding areas can be treated and polyps can be removed and sent to the laboratory for testing. Polyps are usually benign (non-cancerous), but may occasionally contain an area of cancer or may develop into a cancer. If indicated the polyp will be removed with a snare (wire loop) placed around the polyp and electric current used to sever the attachment of the polyp to the intestinal wall. It is important for the colon to be extremely clean for the best possible examination. Specific instructions will be given to you regarding the preparation for your colonoscopy and instructions regarding intake of your regular medications and over the counter medications before the test. **ASPIRIN PRODUCTS AND IRON TABLETS SHOULD BE DISCONTINUED FOR 1 WEEK BEFORE THE TEST.**

When you arrive for the test, you will be placed on a monitor which will check your blood pressure, pulse and heart rhythm. An intravenous line will be inserted into a vein so that you can receive medications. **IT IS IMPORTANT TO LET YOUR DOCTOR KNOW IF YOU HAVE ANY ALLERGIES.** Medications will be given to you through the intravenous line to minimize discomfort and relax you for the procedure. These medications may cause localized irritation and/or drug reaction. After receiving sedatives, you will not be able to drive home. **ANY PATIENT RECEIVING SEDATION/ANESTHESIA WILL NOT BE ALLOWED TO DRIVE HOME.**

Possible complications of A Colonoscopy include, but are not limited to bleeding, and tearing or perforation of the bowel wall. These complications, should they occur, may require surgery, hospitalization, repeat colonoscopy, and/or blood transfusion. Perforation of the bowel is a known, but rare complication which can occur at a rate of 1 per 1,000 colonoscopies. Bleeding usually after a polyp removal can occur at a rate of 1 per 1,000 colonoscopies and may occur up to two weeks after a polyp is removed. Other extremely rare but serious or possibly fatal risks include: difficulty breathing, heart attack, and stroke. Polyps especially small, can be missed and in rare cases a colon cancer can be missed. Colonoscopy does not guarantee that you will not develop colon cancer, but removing polyps is documented to significantly decrease your risk of colon cancer in the future.

Alternatives of Colonoscopy include fecal occult blood testing, Radiologic imaging tests, Flexible Sigmoidoscopy (Office based test without sedation which examines only one third of the colon) and surgery. These tests have their own limitations and benefits. On rare occasions, the colonoscope cannot be advanced through the entire colon and therefore in these patients alternative tests may be useful. Some patients may require surgery to remove a large polyp if this cannot be safely removed by colonoscopy.

You may feel bloated and gassy for several hours after your procedure because of the air introduced into the colon during the test. Any other symptoms should be reported to the doctor immediately. If you have any questions about your procedure, they will be answered for you before you sign this form. **(203) 574-3007**

I have read and fully understand the benefits, alternatives, limitations and possible risks associated with Colonoscopy and give permission to Dr._________________________ to perform the above test.

PATIENT SIGNATURE:________________________________________ WITNESS__________________________________

PRINT NAME:_________________________________________________DATE:____________________________________
MEDICATION RECORD

PLEASE BRING A COPY OF YOUR MEDICATION LIST WITH YOU TO THE HOSPITAL or YOUR OFFICE VISIT.

NAME:___________________________________________________ D.O.B:_________________ SS#:________________________

ADDRESS:__________________________________________________________________________________________

PRIMARY M.D._______________________________________PHONE#__________________________________________

CARDIOLOGIST NAME:___________________________________PHONE#__________________________________________

ALLERGIES:_____________________________________________________________________________________

Pharmacy:_______________________Town/Address:___________________________Phone#:________________

EMERGENCY CONTACT NAME:________________________PHONE___________________RELATIONSHIP_____________

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*OVER THE COUNTER MEDICATIONS:___________________________________________________________

_____________________________________________________________________________________

*ALTERNATIVE MEDICATION:______________________________________________________________

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SUMMARY OF NOTICE OF PRIVACY PRACTICES

By Law, we are required to provide you with our Notice of Privacy Practices. This Notice describes how your medical information may be used and disclosed by us. It also tells you how you can obtain access to this information.

As a patient, you have the following rights:

1. The right to inspect and copy your information.
2. The right to request corrections to your information.
3. The right to request that your information be restricted.
4. The right to request confidential communications.
5. The right to a report of disclosures of your information.
6. The right to a paper copy of this notice.

Please be advised that we may:

1. Call your name when the doctor is ready to see you.
2. Leave test results or messages on your answering machine.
3. Take your charts out of the office for dictation, review, or to see you in our satellite office.
4. Call your place of employment and ask to speak with you.

We want to assure you that your medical/protected health information is secure with us. This Notice contains information about how we will insure that your information remains private.

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

The undersigned Patient or legally authorized representative (“Agent”) of the Patient acknowledges that he or she personally received a copy of the DIGESTIVE DISEASE CENTER Notice of Privacy Policies on the date below.

Signature:________________________________________            Date:__________________________

Patient (print)_____________________________________________________________________________

__________________________________________________________________________________________

Information about Agent (attach appropriate documentation):

Agent:____________________________________________________________________________________

Title:____________________________________________________________________________________

I grant permission to DIGESTIVE DISEASE CENTER to share my Protected Health Information with the following individuals:

Name:___________________________Phone#________________Relationship to Patient____________

Name:___________________________Phone#________________Relationship to Patient____________

Name:___________________________Phone#________________Relationship to Patient____________

Signature of Patient:________________________________________            Date:__________________________
(PRINT) NAME: ___________________________ DOB: ________________

E-MAIL ADDRESS: ________________________________________________

**Ethnicity:**
- [ ] Hispanic or Latino
- [ ] Not Hispanic or Latino

**Race:**
- [ ] White
- [ ] Black or African American
- [ ] Asian
- [ ] American Indian or Alaska Native
- [ ] Native Hawaiian or Pacific Islander
- [ ] Unknown
- [ ] Hispanic
- [ ] Mixed Racial Heritage (two or more race)

Signature: __________________________________________ Date: ________________