Please read and sign the consent forms and complete the patient information forms.

We must receive these completed forms before your Procedure can be performed.

You can mail these forms to the Waterbury address Listed above or they may be faxed to our office at 203-573-1739.

Thank You.
MIRALAX PREP

INSTRUCTIONS FOR COLONOSCOPY – MIRALAX & DULCOLAX LAXATIVE TABLETS

ON THE DAY BEFORE YOUR PROCEDURE: CLEAR LIQUIDS ONLY, NO SOLID FOOD.

A) Follow a clear liquid diet. NO REDS You MUST drink at least 8 ounces every hour of clear liquids ALL DAY LONG.

B) You CAN NOT have solid foods.

C) At 1pm. take 4 dulcolax laxative tablets.

D) At 2pm. Mix one lg. bottle (8.3 oz) Miralax (or ask pharmacist about store brand) with 64 oz bottle of a sports drink, Gatorade or Powerade. If Diabetic, use Crystal light. Shake and Refrigerate. (NOTHING RED IN COLOR)

E) At 4pm. start drinking the Miralax solution. Try to drink one glass every ½ hr. Try to finish drinking ALL the liquid in two to four hours. Be sure to drink it all. Call Doctor if you have vomiting.

YOU ARE TO HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.

Someone must be able to drive you home following the procedure.

Aspirin products, Ibuprofen, Advil, Aleve, Naprosen, iron tablets, and blood thinners (i.e. Coumadin, Heparin) must be discontinued ONE WEEK BEFORE the procedure.

It is important to let the doctor know if you have any allergies.

The following medication should be taken with a sip of water before your procedure:

___________________________________________________________

If you are a diabetic, you are to take your medication as follows:

___________________________________________________________

ALL OTHER MEDICATION SHOULD NOT BE TAKEN UNTIL AFTER THE PROCEDURE.

On the day of the procedure, you must bring with you a list of all medication that you would take on a regular basis.

Your procedure is scheduled for _____________________________ at _____________________________ Hospital by Dr.__________________
**CLEAR LIQUID DIET**

The day before the procedure, it is important to have approximately 4oz. to 8oz. of fluid from the following list, every hour while you are awake.

*Clear liquids include:*

- WATER
- ANY LEMON-LIME SODAS (Ginger ale, Sprite, 7-UP, etc.)
- Clear juices (apple, white grape, cranberry, etc.)
- Broth made from bouillon cubes (no noodles)
- Jello (NO RED)
- NoN-Dairy sherbet (lemon Italian ice, etc.)
- Gatorade
- Black Tea or black coffee (you may use sweetener, but no milk or coffee creamer)

*NOTHING RED IN COLOR*

You may drink Ensure, a dietary supplement; however, you must have no more than 2 bottles.

*Dr. Lyall prefers his patients not drink Ensure.*

YOU ARE NOT TO HAVE ANY SOLID FOODS.
The following is a list of products containing aspirin, aspirin-like compounds, Ibuprofen, and Naproxen sodium. **PLEASE DO NOT TAKE THESE PRODUCTS FOR ONE WEEK PRIOR TO YOUR PROCEDURE.**

**Prescription products containing aspirin or aspirin-like compounds:**

<table>
<thead>
<tr>
<th>Product Name</th>
<th>Product Name</th>
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</thead>
<tbody>
<tr>
<td>Actron</td>
<td>Norgesic &amp; Norgesic Forte Tablets</td>
</tr>
<tr>
<td>Cataflam</td>
<td>Orudis</td>
</tr>
<tr>
<td>Celebrex</td>
<td>Percondan and Percodan-Demi Tablets</td>
</tr>
<tr>
<td>Darvon Compound 65</td>
<td>Plavix</td>
</tr>
<tr>
<td>Disalcid Capsules/Tablets</td>
<td>Ponstel</td>
</tr>
<tr>
<td>Dolobid</td>
<td>Relafen</td>
</tr>
<tr>
<td>Easprin Tablets</td>
<td>Robaxisal Tablets</td>
</tr>
<tr>
<td>Empirin with Codeine Tablets</td>
<td>Salflex Tablets</td>
</tr>
<tr>
<td>Equagesic Tablets</td>
<td>Soma Compound Tablets</td>
</tr>
<tr>
<td>Fiorinal with Codeine Capsules/Tablets</td>
<td>Synalgos-DC Capsules</td>
</tr>
<tr>
<td>Halfprin</td>
<td>Talwin Compound Tablets</td>
</tr>
<tr>
<td>Lodene</td>
<td>Toradol</td>
</tr>
<tr>
<td>Lortab ASA Tablets</td>
<td>Trilisate Tablets/Liquid</td>
</tr>
<tr>
<td>Magsal Tablets</td>
<td>Vioxx</td>
</tr>
<tr>
<td>Mono-Gesic Tablets</td>
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</tbody>
</table>

**Prescription Products Containing Ibuprofen:**

<table>
<thead>
<tr>
<th>Product Name</th>
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<tbody>
<tr>
<td>Motrin Tablets</td>
</tr>
<tr>
<td>Children’s Advil Suspension</td>
</tr>
<tr>
<td>Children’s Motrin Suspension</td>
</tr>
</tbody>
</table>

**Prescription Products Containing Naproxen/Naproxen Sodium:**

<table>
<thead>
<tr>
<th>Product Name</th>
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<tbody>
<tr>
<td>Anaprox/Anaprox DS Tablets</td>
</tr>
<tr>
<td>Naprelan</td>
</tr>
<tr>
<td>Naprosyn Suspension/Tablets</td>
</tr>
</tbody>
</table>
Nonprescription Products Containing Ibuprofen:

Advil Caplets/Tablets
Advil Cold, Sinus Caplets
Bayer Select Ibuprofen Pain Relief Formula Caplets
Dristan Sinus Caplets
Haltran Tablets
Ibuprofen Caplets/Tablets
Midol IB Tablets
Motrin IB Caplets/Tablets
Nuprin Ibuprofen Caplets/Tablets
Sine-Aid IB

Non-Prescription Products Containing Aspirin and/or Aspirin-like Compounds:

Alka-Seltzer Antacid/Pain Reliever
Effervescent Tablets
Alka-Seltzer Plus Cold Medicine Tablets
Anacin Caplets/Tablets
Anacin Maximum Strength Tablets
Arthritis Pain Formula Tablets
Arthritis Strength Bufferin
Ascriptin Caplets/Tablets
Ascriptin A/D Caplets
Aspergum
Bayer Aspirin Caplets/Tablets
Bayer Children’s Chewable Tablets
Bayer Plus Tablets
Maximum Bayer Caplets/Tablets
8 Hour Bayer Extended Release Tablets
BC Powder
BC Cold Powder
Buffaprin Caplets/Tablets
Bufferin Arthritis Strength Caplets
Bufferin caplets/Tablets
Cama Arthritis Pain Reliever Tablets
Doan’s Pills Caplets
Ecotrin Caplets/Tablets
Empirin Tablets
Tablets Excedrin Extra Strength Caplets/Tablets
Midol Caplets
Mobigesic Analgesic Tablets
Norwich Tablets
P-A-C Analgesic Tablets
Pepto Bismol Liquid/Tablets
Sine-Off Tablets, Aspirin Formula
St. Joseph Adult Chewable Aspirin
Therapy Bayer Caplets
Trigesic
Ursinus Inlay-Tabs
Vanquis Analgesic Caplets

Non-Prescription Products Containing Naproxen Sodium:

Aleve Caplets/Tablets
COLONOSCOPY CONSENT

A Colonoscopy involves the passage of a long flexible digital optic instrument through the anus, into the rectum and into the large intestine (Colon). This allows the physician to visualize the interior of the rectum and the colon. A Colonoscopy is indicated for detection of Polyps (abnormal round, flat or mushroom like growths of tissue from the wall of the intestine), tumors, bleeding areas, colitis (inflammation of the lining of the colon), diverticular disease (out-pouching of the bowel wall), unexplained abdominal pain, strictures (narrowed areas in the colon), or obstruction (blockage), etc. During this procedure, biopsies of the suspicious areas can be taken, bleeding areas can be treated and polyps can be removed and sent to the laboratory for testing. Polyps are usually benign (non-cancerous), but may occasionally contain an area of cancer or may develop into a cancer. If indicated the polyp will be removed with a snare (wire loop) placed around the polyp and electric current used to sever the attachment of the polyp to the intestinal wall. It is important for the colon to be extremely clean for the best possible examination. Specific instructions will be given to you regarding the preparation for your colonoscopy and instructions regarding intake of your regular medications and over the counter medications before the test. ASPIRIN PRODUCTS AND IRON TABLETS SHOULD BE DISCONTINUED FOR 1 WEEK BEFORE THE TEST.

When you arrive for the test, you will be placed on a monitor which will check your blood pressure, pulse and heart rhythm. An intravenous line will be inserted into a vein so that you can receive medications. IT IS IMPORTANT TO LET YOUR DOCTOR KNOW IF YOU HAVE ANY ALLERGIES. Medications will be given to you through the intravenous line to minimize discomfort and relax you for the procedure. These medications may cause localized irritation and/or drug reaction. After receiving sedatives, you will not be able to drive home. ANY PATIENT RECEIVING SEDATION/ANESTHESIA WILL NOT BE ALLOWED TO DRIVE HOME.

Possible complications of A Colonoscopy include, but are not limited to bleeding, and tearing or perforation of the bowel wall. These complications, should they occur, may require surgery, hospitalization, repeat colonoscopy, and/or blood transfusion. Perforation of the bowel is a known, but rare complication which can occur at a rate of 1 per 1,000 colonoscopies. Bleeding usually after a polyp removal can occur at a rate of 1 per 1,000 colonoscopies and may occur up to two weeks after a polyp is removed. Other extremely rare but serious or possibly fatal risks include: difficulty breathing, heart attack, and stroke. Polyps especially small, can be missed and in rare cases a colon cancer can be missed. Colonoscopy does not guarantee that you will not develop colon cancer, but removing polyps is documented to significantly decrease your risk of colon cancer in the future.

Alternatives of Colonoscopy include fecal occult blood testing, Radiologic imaging tests, Flexible Sigmoidoscopy (Office based test without sedation which examines only one third of the colon) and surgery. These tests have their own limitations and benefits. On rare occasions, the colonoscope cannot be advanced through the entire colon and therefore in these patients alternative tests may be useful. Some patients may require surgery to remove a large polyp if this cannot be safely removed by colonoscopy.

You may feel bloated and gassy for several hours after your procedure because of the air introduced into the colon during the test. Any other symptoms should be reported to the doctor immediately. If you have any questions about your procedure, they will be answered for you before you sign this form. (203) 574-3007.

I have read and fully understand the benefits, alternatives, limitations and possible risks associated with Colonoscopy and give permission to Dr.______________________________ to perform the above test.

PATIENT SIGNATURE:_______________________ WITNESS__________________
PRINT NAME:____________________________________ DATE:________________________________
# MEDICATION RECORD

PLEASE BRING A COPY OF YOUR MEDICATION LIST WITH YOU TO THE HOSPITAL or YOUR OFFICE VISIT.

**NAME:**___________________________________________ **D.O.B:**_________________ **SS#:________________**

**ADDRESS:**____________________________________________________________________________________

**PRIMARY M.D.:**____________________________________ **PHONE#:________________________________**

**CARDIOLOGIST NAME:**________________________________ **PHONE#:________________________________**

**ALLERGIES:**____________________________________________________________________________________

**Pharmacy:**_______________________ **Town/Address:**____________________________ **Phone#:________________**

**EMERGENCY CONTACT NAME:**________________________ **PHONE**_________________ **RELATIONSHIP**__________

<table>
<thead>
<tr>
<th>PRESCRIBED MEDICATION</th>
<th>DOSE</th>
<th>FREQUENCY</th>
<th>PRESCRIBING DOCTOR</th>
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**OVER THE COUNTER MEDICATIONS:**______________________________________________________________

__________________________________________________________________________________________

**ALTERNATIVE MEDICATION:**______________________________________________________________

__________________________________________________________________________________________
SUMMARY OF NOTICE OF PRIVACY PRACTICES

By Law, we are required to provide you with our Notice of Privacy Practices. This Notice describes how your medical information may be used and disclosed by us. It also tells you how you can obtain access to this information.

As a patient, you have the following rights:

1. The right to inspect and copy your information.
2. The right to request corrections to your information.
3. The right to request that your information be restricted.
4. The right to request confidential communications.
5. The right to a report of disclosures of your information.
6. The right to a paper copy of this notice.

Please be advised that we may:

1. Call your name when the doctor is ready to see you.
2. Leave test results or messages on your answering machine.
3. Take your charts out of the office for dictation, review, or to see you in our satellite office.
4. Call your place of employment and ask to speak with you.

We want to assure you that your medical/protected health information is secure with us. This Notice contains information about how we will insure that your information remains private.

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

The undersigned Patient or legally authorized representative (“Agent”) of the Patient acknowledges that he or she personally received a copy of the DIGESTIVE DISEASE CENTER Notice of Privacy Policies on the date below.

Signature:________________________________________ Date:__________________________

Patient (print)________________________________________________________________________

Information about Agent (attach appropriate documentation):

Agent:_______________________________________________________________________________

Title:________________________________________________________________________________

I grant permission to DIGESTIVE DISEASE CENTER to share my Protected Health Information with the following individuals:

Name:_________________________________________Phone#_________________Relationship to Patient____________

Name:_________________________________________Phone#_________________Relationship to Patient____________

Name:_________________________________________Phone#_________________Relationship to Patient____________

Signature of Patient:________________________________________ Date:__________________________
(PRINT) NAME:__________________________________________DOB: ____________

E-MAIL ADDRESS:______________________________________________

**Ethnicity:**
- □ Hispanic or Latino
- □ Not Hispanic or Latino

**Race:**
- □ White
- □ Black or African American
- □ Asian
- □ American Indian or Alaska Native
- □ Native Hawaiian or Pacific Islander
- □ Unknown
- □ Hispanic
- □ Mixed Racial Heritage (two or more race)

Signature:______________________________Date:____________________