INSTRUCTIONS FOR PANENDOSCOPY (EGD) or ESOPHAGOSCOPY with HALO Radiofrequency Ablation

1. You are to have nothing to eat or drink after midnight the night before the procedure.
2. Someone must be available to drive you home following the procedure.
3. One week prior to the procedure do not take Aspirin products, anti inflammatory medications such as Ibuprofen, Aleve, Naprosyn, Motrin or items on the attached list. You may take Tylenol.
4. Do not take blood thinners such as Coumadin, Plavix or Pradaxa for one week prior to the procedure.
5. You should be taking a medicine to reduce the secretion of acid from your stomach, such as Protonix, Nexium, Dexilant, Aciphex or Prevacid.
6. It is important to let the doctor know if you have any allergies. IF YOU ARE A DIABETIC, you are to take your medication as follows:

____________________________________________________________________________________

7. The following medications should be taken with a small sip of water PRIOR TO THE PROCEDURE.

____________________________________________________________________________________

♦PLEASE BRING WITH YOU A LIST OF ALL MEDICATIONS THAT YOU TAKE ON A REGULAR BASIS.

Any questions, please call 203-574-3007

Your procedure is scheduled at: Waterbury Hospital for: _________ by Dr.____________________.

WATERBURY HOSPITAL: 64 Robbins St. Waterbury, CT 06721. One hour early, go to the GASTROENTEROLOGY DEPT. on the first floor. (EXCEPTION: If you are scheduled at 7:30 AM please arrive at the Gastroenterology Dept. at 6:45 AM). Valet service is available from 6:30AM to park your car.

IF YOU DO NOT HEAR FROM WH CENTRAL SCHEDULING/REGISTRATION WITHIN 72 HOURS OF YOUR PROCEDURE, PLEASE CALL THEM TO ELIMINATE ANY DELAYS THE MORNING OF YOUR TEST.
PHONE: 203-573-6595 Mon. – Fri. 7am – 6pm.
The following is a list of products containing aspirin, aspirin-like compounds, Ibuprofen, and Naproxen sodium. **PLEASE DO NOT TAKE THESE PRODUCTS FOR ONE WEEK PRIOR TO YOUR PROCEDURE.**

**Prescription products containing aspirin or aspirin-like compounds:**

- Actron
- Cataflam
- Celebrex
- Darvon Compound 65
- Disalcid Capsules/Tablets
- Dolobid
- Easprin Tablets
- Empirin with Codeine Tablets
- Equagesic Tablets
- Fiorinal with Codeine Capsules/Tablets
- Halfprin
- Lodene
- Lortab ASA Tablets
- Magsal Tablets
- Mono-Gesic Tablets
- Norgesic & Norgesic Forte Tablets
- Orudis
- Percondan and Percodan-Demi Tablets
- Plavix
- Ponstel
- Relafen
- Robaxisal Tablets
- Salflex Tablets
- Soma Compound Tablets
- Synalgos-DC Capsules
- Talwin Compound Tablets
- Toradol
- Trilisate Tablets/Liquid
- Vioxx

**Prescription Products Containing Ibuprofen:**

- Motrin Tablets
- Children’s Advil Suspension
- Children’s Motrin Suspension

**Prescription Products Containing Naproxen/Naproxen Sodium:**

- Anaprox/Anaprox DS Tablets
- Naprelan
- Naprosyn Suspension/Tablets
Nonprescription Products Containing Ibuprofen:

Advil Caplets/Tablets
Advil Cold, Sinus Caplets
Bayer Select Ibuprofen Pain Relief Formula Caplets
Drstian Sinus Caplets
Haltan Tablets
Ibuprofen Caplets/Tablets
Midol IB Tablets
Motrin IB Caplets/Tablets
Nuprin Ibuprofen Caplets/Tablets
Sine-Aid IB

Non-Prescription Products Containing Aspirin and/or Aspirin-like Compounds:

Alka-Seltzer Antacid/Pain Reliever
Effervescent Tablets
Alka-Seltzer Plus Cold Medicine Tablets
Anacinc Caplets/Tablets
Anacinc Maximum Strength Tablets
Arthritis Pain Formula Tablets
Arthritis Strength Bufferin
Ascriptin Caplets/Tablets
Ascriptin A/D Caplets
Aspergum
Bayer Aspirin Caplets/Tablets
Bayer Children’s Chewable Tablets
Bayer Plus Tablets
Maximum Bayer Caplets/Tablets
8 Hour Bayer Extended Release Tablets
BC Powder
BC Cold Powder
Buffaprin Caplets/Tablets
Bufferin Arthritis Strength Caplets
Bufferin caplets/Tablets
Cama Arthritis Pain Reliever Tablets
Doan’s Pills Caplets
Ecotrin Caplets/Tablets
Empirin Tablets
Tablets Excedrin Extra Strength Caplets/Tablets
Midol Caplets
Mobigesic Analgesic Tablets
Norwich Tablets
P-A-C Analgesic Tablets
Pepto Bismol Liquid/Tablets
Sine-Off Tablets, Aspirin Formula
St. Joseph Adult Chewable Aspirin
Therapy Bayer Caplets
Trigesic
Ursinus Inlay-Tabs
Vanquis Analgesic Caplets

Non-Prescription Products Containing Naproxen Sodium:
Aleve Caplets/Tablets

🌟 FOR PATIENT’S GOING TO THE HOSPITAL OF CENTRAL CT (BMH): 🌟

THE FOLLOWING MEDICATIONS ARE NOT TO BE TAKEN THE MORNING OF YOUR PROCEDURE.

<table>
<thead>
<tr>
<th>BRAND NAME</th>
<th>GENERIC</th>
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<tbody>
<tr>
<td>LOTENSIN</td>
<td>BENAZEPRIL</td>
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<tr>
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<td>NALAPRIL</td>
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