This study will allow weighted blanket use for patients at risk for delirium in hopes of staving off progression of delirium symptoms.

Weighted Blankets are NOT a replacement or alternative to physical and chemical restraints or continuous observation with one-on-one monitoring for any patients.

Our specific aims are:

1. To evaluate if patients given weighted blankets will require less frequent and lower overall dose of chemical restraints, less frequent physical restraints or one-on-one observation.

2. To evaluate if there will be improvement in Confusion Assessment Method or Richmond Agitation Sedation Scale scores.

Since inception, this study has evolved from a randomized control trial to a cohort study. There have been no safety events reported over the course of two years, with 70 patients enrolled.

• Once a study patient is identified, nursing staff will apply the blanket and contact research.

• Patients will receive the blanket for a total of 5 days regardless of when their sensorium clears. This time frame was chosen given the average days of admission plus 1 day.

• Data will be collected throughout their critical care and hospital stay. The Confusion Assessment Method scores will be recorded every shift in the electronic medical record by nursing staff.

• Nursing staff is a crucial component of critical care. It will be important to assess their experience with the weighted blanket as part of this study. This will be assessed by providing nursing staff with a survey to gauge their knowledge level and opinions regarding management of delirium before and after the study.